

# How to Use a Digital Food Scale

- 1.** Turn on the scale by pushing the button labeled On/Tare/Off.
- 2.** Place any bowl on top of the scale. "Zero out" the weight of the bowl itself by pushing On/Off/Tare again. The scale should read "0."
- 3.** Select grams or ounces by pressing the button that usually says g/oz.
- 4.** Place an ingredient in the bowl until the digital counter reaches the desired weight.
- 5.** Press On/Off/Tare once more to reset to zero before adding the next ingredient, zeroing out the scale in between ingredients.